

THE SPACE

PERSONAL SCORECARD

Rate the life you are actually living — not the one you intend to live.

DROP THE MASK. • PULL UP A CHAIR.

Score each area from 1–5. Do not overthink it. The value is in noticing the gap between what matters to you and what your week actually shows.

SCORE YOURSELF

Area	1–5	What needs attention?
Physical health	{{SCORE1}}	{{ATTN1}}
Mental focus	{{SCORE2}}	{{ATTN2}}
Marriage / relationship	{{SCORE3}}	{{ATTN3}}
Fatherhood / family	{{SCORE4}}	{{ATTN4}}
Money / finances	{{SCORE5}}	{{ATTN5}}
Career / business	{{SCORE6}}	{{ATTN6}}
Faith / purpose	{{SCORE7}}	{{ATTN7}}
Brotherhood / support	{{SCORE8}}	{{ATTN8}}

DO SOMETHING WITH THE SCORE

The area I cannot keep ignoring:

{{FOCUS_AREA}}

One move I can make in the next 72 hours:

{{MOVE_72}}

Who can hold me accountable?

{{WHO}}

- ☐ I will make the move within 72 hours.
- ☐ I will tell someone what I committed to.